



CURARSI DI CHI SI PRENDE CURA

- **Formazione**
- **Arteterapia**
- **Musicoterapia**
- **Attività occupazionali**
- **Stimolazione cognitiva**

An illustration of a woman with long green hair, wearing a green dress, holding a watering can and watering a bouquet of flowers. The text "TAKE CARE OF YOURSELF" is written on the watering can's handle. The woman has her eyes closed and a serene expression. The bouquet includes pink roses, yellow daisies, and white flowers. The background is a light blue circle on a white page. The artist's signature "LUCY K. 2014" is visible in the bottom right corner of the illustration.

VI ASPETTIAMO!